

WESSA EDUCATION CENTRE

Environmental Education – Overnight Kit list

Environmental Education courses and programmes are designed to accommodate indoor and outdoor learning. Outdoor programmes are designed to be taught in all forms of weather conditions. To make this an enjoyable experience ever, please ensure that students come prepared with the appropriate clothing attire. Students are required to carry an additional backpack during guided walks.

PLEASE NOTE:

- *All meals are provided, a tuckshop is ONLY available at WESSA uMngeni Valley.*
- *Bring OLD CLOTHES that you don't mind getting dirty or torn.*
- *Ensure ALL belongings are clearly marked.*
- *On arrival, please be wearing either comfortable walking shoes with closed in toes or straps. (hiking sandals)*
- *Please ensure that the learners' belongings fit into one bag that can be carried on their backs, leaving their hands free.*
- *Please remind all students that they are responsible for their own belongings. The Education center assumes no liability for any loss, damage or theft of items.*
- *There are no public telephones and children are not allowed to make or receive phone calls.*
- *WESSA BUSH PIGS - Teachers to bring MTN Starter packs (lack of Vodacom, Cell C and Telkom reception at other camps), First Aid, Medical Emergencies.*

Here is a suggested list of what they should bring:
Please adjust the number of items packed to the length of stay

Necessary Items		Optional Items	
	Day bag / back pack		Aqua shoes – Rocky shore programme
	Sleeping Bag /warm blanket		Swimming costume and towel
	Pillow		Torch with spare batteries
	Change of socks and underwear		Camera
	Pyjamas		Notebook and pen
	Old comfortable closed shoes		Flipflops (for camp)
	1 x t-shirt per day		Wind breaker
	2 x shorts		Snack – if required
	2 x long pants		
	Sun hat		Winter
	Towel		Hot water bottle
	Raincoat or poncho		Extra warm clothes
	Sun lotion		Additional blanket – rolled into sleeping bag
	Water bottle		Jersey
	Personal medication i.e Allergies, Asthma		
	Insect repellent		
	Packet for dirty/wet clothing		

WESSA Twinstreams & WESSA Bush Pigs Education Center	
	Mess Kit (knife, fork, spoon, plate, bowl, mug) with a mess kit bag or plastic bag. No disposable mess kits.

FIRST AID

- The WESSA staff members are trained First Aiders. All medication will be administered by the teachers accompanying the students. Please discuss your medical requirements with the teacher prior to departure.
- In the event of serious illness or injury, the WESSA staff will ensure that the child receives professional help and will liaise with the teachers to ensure that you as parents are informed as soon as possible.
- Parents will be responsible for the costs of any medical treatment.
- **WESSA BUSH PIGS: No anti – malaria precautions are necessary.**

SPECIAL DIETS

- Children requiring vegetarian diets are easily catered for, as are those with specific dietary requirements e.g. no pork; no wheat. Muslim children can be provided with separately cooked Halaal meat, or a vegetarian option and are welcome to bring their own food.
- Kosher children please bring own meals.

Items Not Allowed
<ul style="list-style-type: none">• Cell phones, tablets, iPod, speakers and other electronic devices.• Knives• Chewing Gum• Matches and lighters• No wheely bags• NO STRAPPY TOPS, DRESSES OR SKIRTS FOR GIRLS as this is very poor sun protection and is also sometimes inappropriate for activities and camp life.